

Hi I'm Debbie from Thrive Nature Adventures. I run various outdoor play and stay session's in Dedham, Copdock and Stoke By Nayland.

Our sessions are based upon the forest school ethos and we offer a space in nature to play, connect and explore. Mud kitchen, hammocks, mini beast hunts, nature crafts, small world play and a toasty campfire. We invite you to come play and have fun with your child in nature.

We have various session's across the week and in the half terms holidays. Our next Saturday session is May 1st in the woods at Copdock.

If you have any questions please email me at [info@thrivenatureadventures.co.uk](mailto:info@thrivenatureadventures.co.uk) and to find dates and times please go to [www.bookwhen.com/thrivenatureadventures](http://www.bookwhen.com/thrivenatureadventures)

Warm regards  
Debbie

Thrive Nature Adventures Play & Stay Session's  
Play, explore and make new friends in a supportive  
nurturing group surrounded by nature  
[www.bookwhen.com/thrivenatureadventures](http://www.bookwhen.com/thrivenatureadventures)

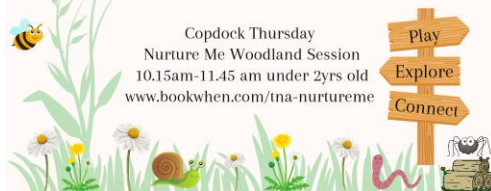
Stoke by Nayland - Monday  
New setting starting 24th May  
10.15-11.45am under 5yrs old

Dedham - Tuesday  
9.30-11am under 5yrs old  
12-2pm under 9yrs

Family Saturdays & Half Term Fun  
Various dates @ Copdock & Dedham

Dedham - Friday  
9.30-11.30am under 5yrs old

Dedham SEN Session  
Every 3rd Saturday 9.45-11.45am  
12.30-2.30pm all ages welcomed



Copdock Thursday  
Nurture Me Woodland Session  
10.15am-11.45 am under 2yrs old  
[www.bookwhen.com/tna-nurtureme](http://www.bookwhen.com/tna-nurtureme)