

CASTLE COACHING

PRESENTS



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HIGH QUALITY COACHING, AFFORDABLE PRICES

SUFFOLK

31ST JULY **FRAMLINGHAM**
 1ST AUG **FRAMLINGHAM**
 2ND AUG **LEISTON**
 3RD AUG **LEISTON**
 4TH AUG **IPSWICH**

TOUR DATES

FOOTBALL
 RUGBY
 FOOTBALL
 RUGBY
 FOOTBALL + RUGBY

HERTFORDSHIRE

BALDOCK 14TH AUG
BALDOCK 15TH AUG
STEVENAGE 16TH AUG
STEVENAGE 17TH AUG
CAMBRIDGE 18TH AUG

BOOK NOW AT WWW.CASTLE-COACHING.CO.UK/SUMMERTOUR
CASTLECOACHINGLTD@GMAIL.COM

We are very excited to announce our very first Football and Rugby Summer Tour for girls and boys aged 5-11! Throughout our tour we will be travelling to 6 different locations in 2 weeks to provide high quality training pop-up days to children in Suffolk and Hertfordshire that have an interest in either Football or Rugby before permanently expanding to some of these locations from Septemeber.

Our sessions will be divided into two age groups, our minis (ages 5-7) and our juniors (ages 8-11) to ensure our students get high-quality and age appropriate training eg. tag rugby for minis and introduction to contact in juniors.

Our tour is suitable for both children that have never played the sports and wish to try out something new, and children who already train and wish to come and see what Castle Coaching is all about! We can't wait to get started and look forward to seeing you all there!