

MOVING APPEARANCES

Inspired by the wonderful landscapes & wildlife of Suffolk. Stretch & move outside as we try out fresh ideas together in this intergenerational arts project with Sam Moss.

Thursdays 24 June – 15 July, meet at Chantry Library

9.45 – 10.45

For pre-school children 18mth+ with parents/carers

Swoop, wiggle, dart, creep using interactive games & props

22, 26, 29 July, Chantry Park

10 - 12

For families, with grandparents welcome too.

Explore, whirl, balance, curl. Have fun developing movements together.

Also enjoy discovering with Suffolk Wildlife Trust on 22 & 26

30 July, Chantry Park

10 – 3

Be part of filming our ideas for 'Dance Under Suffolk Skies', to be screened at Chantry Academy on 24 September.

To book your free place pop into Chantry Library, phone 01473 927275 or email movingappearances@gmail.com

All sessions are Covid compliant in a sociable setting. No previous dance experience is required.



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