

**Is your child fully vaccinated?  
Catching up is easy, at any age.**

You may have read or heard that cases of measles are increasing in England. While cases in Suffolk are currently low, we should prepare for and protect against the potential for increased cases.

If your child has not been fully vaccinated with the MMR vaccine it is a good time to get this done to protect them.

**What should I do?**

**Step 1: Check whether your child has had all of the vaccines they should have had.**

You can look in the 'immunisation' section in your child's red book (Personal Child Health Record) to see if they have received their MMR vaccination.

If you're still unsure, check their records with their GP or email the vaccination clinic [hct.SuffolkSAIS@nhs.net](mailto:hct.SuffolkSAIS@nhs.net)

**Step 2: If your child is missing any vaccination, book an appointment to get them up to date.**

This can be done at a vaccination clinic or your GP.

If you would like to book a place on a clinic, please call 0300 555 5055 option 3 to book appointments for any outstanding vaccinations.

**Important - Please do not attend a clinic without booking in advance.**

For more information, including a list of available vaccination clinics, visit [Childhood Vaccinations - Healthy Suffolk](#)