

# Understanding Anger: Yours & Theirs!



## UNDERSTANDING ANGER

11th March 7-9pm £24

Jane Keyworth, Lead Facilitator at FACE giving a two hour talk to parents (and teachers), explaining what anger is, why we have it and how to manage it.

**Book online at [facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)**