



ST JOSEPH'S COLLEGE
Prep

OPEN TRAINING



[Book Now](#)

Free training with our
professional coaches

Saturday 14 December, 9.00-11.00am

Ages 7-11. All abilities welcome.

Come experience an exciting day of sports with our expert coaching staff! Girls are invited to train in Football and Netball, while Boys will take on Rugby and Football. Our coaches are ready to guide players of all skill levels through drills, teamwork exercises, and strategies to help you elevate your game



RUGBY



NETBALL



FOOTBALL