



IPSWICH HIGH SCHOOL

WOOLVERSTONE HALL
SUFFOLK, ENGLAND



SMARTPHONES & SCREEN TIME: MANAGING THEM AND PREVENTING DEPENDENCY

27TH FEBRUARY, 6PM – 7:30PM

Children's overuse and misuse of phones and non-homework screen activities is increasingly linked with risks to their physical, emotional and academic well-being and is now a medical issue. Pupils will gain a better understanding of why their parents and teachers may nag them about their screen use - the risks and what can be done to reduce them. Parents and schools will learn what they can do. Dr Sigman has published a number of peer-reviewed medical papers on this subject and is the author of the book Remotely Controlled.

IN-PERSON TICKET

BIT.LY/4OLVVIC

ONLINE TICKET

BIT.LY/4OP3AWO

IPSWICH HIGH SCHOOL, WOOLVERSTONE, IP9 1AZ