

# Easter Activities 2020

**Intensive  
Swimming Courses**

**1 Hour Sessions:  
Diving  
Snorkelling  
Boogie Board & Fin Swimming  
Junior Lifeguard**

**Swim Clinic:  
Starts & Turns  
Breaststroke Masterclass**

**Parent & Baby Classes  
Splash & Play**

**Private Tuition 1:1 and 2:1**

**Private Pool Hire**



# REDLINGFIELD POOL

## Week 2

TIME	Weds 15th April		Thurs 16th April		Friday 17th April	
3.00 pm					Private Tuition	Private Tuition
3.30 pm			Private Tuition	Private Tuition	Private Tuition	Private Tuition
4.00 pm	Stanley Day 1	Goldfish Day 1	Stanley Day 2	Goldfish Day 2	Stanley Day 3	Goldfish Day 3
4.30 pm	Stanley Day 1	Octopus Day 1	Stanley Day 2	Octopus Day 2	Stanley Day 3	Octopus Day 3
5.00 pm	Octopus Day 1	Goldfish Day 1	Octopus Day 2	Goldfish Day 2	Octopus Day 3	Goldfish Day 3



Hire the beautiful **Redlingfield Pool** over the Easter holiday with family or friends for a private swim!

Please contact us for private hire slot times.  
**£16 per 1/2 hour**

# HARLESTON POOL

## Week 1

TIME	Mon 6th April			Tues 7th April			Weds 8th April			Thurs 9th April	
9:00 am	Stanley Day 1	Octopus Day 1	DIVING	Stanley Day 2	Octopus Day 2	BREASTSTROKE MASTERCLASS	Stanley Day 3	Octopus Day 3	BOOGIE BOARDING	Stanley Int Day 4	Octopus Day 4
9:30 am	Octopus Day 1	Goldfish Day 1		Octopus Day 2	Goldfish Day 2		Octopus Day 3	Goldfish Day 3		Octopus Day 4	Goldfish Day 4
10:00 am	Goldfish Day 1	Octopus Day 1	JUNIOR LIFEGUARD	Goldfish Day 2	Octopus Day 2	STARTS & TURNS	Goldfish Day 3	Octopus Day 3	SNORKELLING	Goldfish Day 4	Octopus Day 4
10:30 am	Stanley Day 1	Octopus Day 1		Stanley Day 2	Octopus Day 2		Stanley Day 3	Octopus Day 3		Stanley Day 4	Octopus Day 4
11:00 am	Stanley Day 1	Octopus Day 1	PT	Stanley Day 2	Octopus Day 2	PT	Stanley Day 3	Octopus Day 3	PT	Stanley Day 4	Octopus Day 4

## SWIM CLINIC Breaststroke Masterclass: £15 Starts & Turns: £15

1 hour workshops to improve the efficiency of the stroke/technique. Ironing out any technical difficulties.

## DIVING / SNORKELLING / BOOGIE BOARDING: £15 each

Each course provides a great introduction to the basic skills. All sessions will provide underwater confidence, body awareness and develop skills. Lots of fun guaranteed! Suitable for swimmers who can swim 10m on front & back. 1 hour sessions each.

## JUNIOR LIFEGUARD: £15

Action packed 1 hour course learning basic survival skills through lifeguarding techniques, including water rescue. For 8-12 years. 1 hour session.

# BUNGAY POOL

Week 1

TIME	Mon 6th April			Tues 7th April			Weds 8th April			Thurs 9th April		
9:30 am				Private Tuition	Private Tuition	PT	Private Tuition	Private Tuition	PT			
10:00 am	Stanley Day 1	Octopus Day 1	PT	Stanley Day 2	Octopus Day 2	PT	Stanley Day 3	Octopus Day 3	PT	Stanley Day 4	Octopus Day 4	PT
10:30 am	Octopus Day 1	Goldfish Day 1	PT	Octopus Day 2	Goldfish Day 2	PT	Octopus Day 3	Goldfish Day 3	PT	Octopus Day 4	Goldfish Day 4	PT
11:00 am	Stanley Day 1	Octopus Day 1	PT	Stanley Day 2	Octopus Day 2	PT	Stanley Day 3	Octopus Day 3	PT	Stanley Day 4	Octopus Day 4	PT
11:30 am	Stanley Day 1	Octopus Day 1	PT	Stanley Day 2	Octopus Day 2	PT	Stanley Day 3	Octopus Day 3	PT			

Week 2

TIME	Tues 14th April			Weds 15th April			Thurs 16th April		
9.30 am	Private Tuition	Private Tuition	PT	Private Tuition	Private Tuition	PT			
10.00 am	Goldfish Day 1	Stanley Day 1	PT	Goldfish Day 2	Stanley Day 2	PT	Goldfish Day 3	Stanley Day 3	PT
10.30 am	Octopus Day 1	Octopus Day 1	PT	Octopus Day 2	Octopus Day 2	PT	Octopus Day 3	Octopus Day 3	PT
11:00 am	Stanley Day 1	Octopus Day 1	PT	Stanley Day 2	Octopus Day 2	PT	Stanley Day 3	Octopus Day 3	PT
11:30 am	Private Tuition	Private Tuition	PT	Private Tuition	Private Tuition	PT			

## 3 & 4 Day INTENSIVE SWIMMING COURSES

Our popular 3 & 4 day swimming courses help children build confidence and improve technique!

It has been proven that children learn and retain new skills more easily over short intensive periods of time. The lessons are 30 mins and taught in small group classes, maximum 4 children per group.

Stanley	Pre-school children aged 3yrs +
Octopus	School-age beginners
Goldfish	Advanced beginners can swim 10m front & back

3 Day Course: 1/2 hour lesson x 3 = £26

4 Day Course: 1/2 hour lesson x 4 = £35

**TO BOOK CONTACT:** 01379 740489 [treacle@waterlilieswim.co.uk](mailto:treacle@waterlilieswim.co.uk) [fb@WaterLiliesSwimmingSchoolLtd](https://www.facebook.com/WaterLiliesSwimmingSchoolLtd)

# BIRCH FARM POOL

Week 1

TIME	Mon 6th - Weds 8th April 3 Day Intensive Swimming Courses		
	9.00 am	Octopus	Octopus
9.30 am	Stanley	Goldfish	
10.00 am	Octopus	Goldfish	
10.30 am	Stanley	Octopus	
11.00 am	Stanley	Goldfish	
11.30 am	Octopus	Octopus	
12.00 pm	Octopus	Goldfish	
12.30 pm	Stanley	Octopus	
	Mon 6th April	Tues 7th April	Weds 8th April
2.00 pm	Snorkelling 1hr	Junior Lifeguard	Splash & Play
3.00 pm	Parent & Baby: NEWBORN	Parent & Baby: CRAWLER	Private Tuition

Week 2

TIME	Weds 15th April	Thurs 16th April	Fri 17th April
9.00 am	Octopus Day 1	Octopus Day 2	Octopus Day 3
9.30 am	Stanley Day 1	Stanley Day 2	Stanley Day 3
10.00 am	Octopus Day 1	Octopus Day 2	Octopus Day 3
10.30 am	Goldfish Day 1	Goldfish Day 2	Goldfish Day 3
11.00 am	Stanley Day 1	Stanley Day 2	Stanley Day 3
11.30 am	Octopus Day 1	Octopus Day 2	Octopus Day 3
12.00 pm	Octopus Day 1	Octopus Day 2	Octopus Day 3
12.30 pm	Stanley Day 1	Stanley Day 2	Stanley Day 3
2.00 pm	Snorkelling 1hr	Junior Lifeguard	Splash & Play
3.00 pm	Parent & Baby: NEWBORN	Parent & Baby: CRAWLER	Private Tuition

## SPLASH & PLAY: £5

**Babies, Toddlers and Under 5s + family!**

Enjoy the Birch Farm pool with your little one.  
Older siblings welcome to join in £2.50 each!

## PARENT & BABY CLASSES: £5

**FREE Tea/Coffee in the Cafe included**

We welcome babies from 6 weeks old - 3 years.  
Come and join our taster sessions at Birch Farm pool for fun & friendly STA Parent & Baby classes.

## PRIVATE POOL HIRE

£25 per 1 hour at Birch Farm Pool, ask for times!

## PRIVATE TUITION

Excellent 1:1 or 2:1 private lessons with a Water Lilies Instructor. Suitable for children and adults!

**ALL POOLS £25 per 1/2 hour private lesson.**

# EAST HARLING POOL

Week 2

TIME	Tues 14th April	Weds 15th April	Thurs 16th April
9.00 am	Octopus Day 1	Octopus Day 2	Octopus Day 3
9.30 am	Stanley Day 1	Stanley Day 2	Stanley Day 3
10.00 am	Octopus Day 1	Octopus Day 2	Octopus Day 3
10.30 am	Goldfish Day 1	Goldfish Day 2	Goldfish Day 3
11.00 am	Private Tuition	Private Tuition	Private Tuition