

Children's Mental Health Awareness Week at Bentley- 07.02.22

Growing Together

Monday	Tuesday	Wednesday	Thursday	Friday
8:40- Whole school physical activity on playground	Go Noodle- Breathing activity.	8:40- Whole school physical activity on playground	Go Noodle- Breathing activity.	8:40- Whole school physical activity on playground
Wellbeing morning slide.	Wellbeing morning slide.	Wellbeing morning slide.	Wellbeing morning slide.	Bucket Filler Friday - Kindness
Swimming PE Outdoors	Growth story.	Growth Story	I am, I have, I can activity. Support Balloons Activity Time to Grow Activity	Pencil wander activity.
		Meditation.	Read Bloom.	Story.