

WORSHIP AT HOME - WEEK 2

Hope

BIBLE VERSE & OVERVIEW

But those who
hope
in the Lord will
renew their
strength.

They will soar
on wings like

 *eagles;*

They will run
and NOT grow
weary, they
will walk and
NOT be faint.



- Isaiah 40:31 -

For many, the present time is a time of worry and uncertainty. But it is also a time full of inspiration, thankfulness and hope, seen through rainbows, candle lighting and raising money to support the NHS and charities (think of how much Captain Tom Moore has raised!). The verses from Isaiah this week remind Christians about the strength that God gives to those who hope in Him. I wonder, as we reflect this week, how we can stay hopeful and strong? And how can we help others to be strong and hopeful at this time?

ACTIVITIES

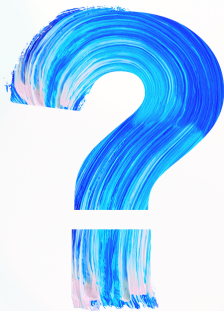
- Create an origami eagle:
(<https://www.youtube.com/watch?v=-6M4JAgpAic>). Display it somewhere as a reminder to be hopeful this week.



- Can you take or find a photo for each day this week which could have the caption 'hope'?



- Finger prayers – one each finger, think of something that can help you, a neighbour, a friend, a family member, a stranger remain hopeful.



Q FOR DISCUSSION

What are you doing to stay strong and hopeful? How can help others to stay strong and hopeful also?

PRAYER

Dear God,
Thank you for your love,
Help us to be strong and hopeful this week,
And be with those who need strength and hope
the most.

Amen