



# SKILL UP WITH LTA YOUTH START

**Never held a racket? No problem. We run starter courses for those aged 4 – 11, packed full of fun games and dynamic training. We want kids to bring all their energy to tennis; no ‘quiet please’ needed here.**

We know kids will become fitter, more confident, and more skilled on the court. That’ll also help them get better at other sports like football, hockey and cricket. Result.

Specially trained coaches will ensure every kid has the best start to their tennis journey in a safe and inclusive environment. Sessions cater to all abilities, so no one gets left behind.

**East Bergholt tennis club**  
Wednesdays 4pm-5pm

**£29.99** (+£5 P&P) gets you:

- Six top-class tennis sessions with specially trained coaches
- A tennis racket and set of balls
- A t-shirt and pair of wristbands
- Rewards for progress and achievements
- Activities to do at home each week

 **YOUTH | START**

**Don't wait. Book now at**  
[www.lta.org.uk/Youth/start](http://www.lta.org.uk/Youth/start)