

## WORSHIP AT HOME - WEEK 3

# Joy

### BIBLE VERSE & OVERVIEW

Always be  
full of

*joy.*

Never stop

*praying.*

Whatever

happens,

always be

*thankful*

This is how  
God wants  
you to live in  
Christ Jesus.

1 Thessalonians 5:16-18

What do you think of when you hear the word 'joy'? Perhaps it's something which delights you, or how different people respond when they are full of joy. I think of people dancing, jumping, singing, smiling and laughing.

There is a well-known phrase: 'Every cloud has a silver lining'. This verse from 1 Thessalonians has a similar theme – in all times, in all places, it is important to be thankful for all good things and rejoice. This week, how can you be joyful and help others to dance, sing and smile?

### ACTIVITIES

- In a suitable outside space, take a moment to stop and listen to all the noises you can hear. Pray that all the people and animals you hear have a safe and joyful week.



- Baking! Decorate biscuits (or something else equally yummy!) with coloured sweets from different pots. Label each with a different characteristic from the verse *1 Thessalonians 5:12-18*, that we would like God to help us with to remain joyful this week (peace, patience, thankfulness, helping others).



- TTT – this time tomorrow – what would you like to do to help bring joy to yourselves and others? Once, you've decided – take steps to achieve it! 😊



## Q FOR DISCUSSION

'Every cloud has a silver lining' – to what extent do you think this is true?  
Can we be thankful in all situations?

## PRAYER

Lord, we thank you for this week  
Thank you for all who work hard to care for us and  
look after us

Help us to be beacons of joy this week  
To do good to others, to encourage those who are  
afraid and to be thankful in all things

Amen