



Home learning during school closure or self-isolation – Y5/6

Week Beginning: 8.6.20 Theme: Sport



	Monday	Tuesday	Wednesday	Thursday	Friday
Maths	<p>Move on a Grid: Complete the following activities over these two days: Interactive Activity, Varied Fluency, Reasoning + Problem Solving, Homework Extension + Discussion Problems. These will need to be downloaded from Monday's Blog as pdf documents. You will need to choose whether you complete the Developing OR Expected activities.</p>		<p>Describe Movement: Complete the following activities over these two days: Interactive Activity, Varied Fluency, Reasoning + Problem Solving, Homework Extension + Discussion Problems. These will need to be downloaded from Monday's Blog as pdf documents. You will need to choose whether you complete the Developing OR Expected activities.</p>		<p>Maths Challenge 2. Click here to access today's maths. See how many you can complete in 60 minutes. The answers can be found at the bottom of the document.</p>
Reading	<p>Read this extract from Quiz Whiz Sport. Encourage them to answer the questions on each page and record these in full sentences.</p>	<p>Comprehension about Inspirational British Female Athletes. Download on Tuesday's blog.</p>	<p>Listen to and read along with Arundel Swimming Pool. Summarise each verse using one word only.</p>	<p>The Game: Download the resource. Read the story on pages 4-7. Complete the comprehension on pages 11-13.</p>	
Writing				<p>Using The Game resource, complete the activity 'Write Away' on pages 16-20. We will finish the activities next week.</p>	
Spellings/ Vocabulary/ Grammar	<p>Alphabetical order: List each letter of the alphabet and ask your child to think of a sport related word that corresponds with each letter.</p>	<p>Rainbow words. Choose 5 Common Exception words and choose different colours to write each letter and create rainbow words.</p>	<p>Choose 5 sporting activities that you're unsure of how to spell and learn to spell them. Can you write these words in a sentence?</p>		
Topic Music PSHE Art	<p>PSHE: Dealing With Change - Complete the activities by downloading the document on today's blog.</p>	<p>Olympic Genius: Research about the Olympic and Paralympic Games using the resource at the bottom of Tuesday's blog and website about the Paralympics. See how many different facts you can find out. This website has some really interesting facts too. Create your own sporting trivia quiz which you can test out on members of your family. You could also plot some of the significant dates onto a timeline.</p>		<p>Sporting Heroes: Select your favourite sporting star. Draw a portrait of them in the style of the famous pop artist Roy Lichtenstein using felt tip pens or paint.</p>	<p>Heart Beaters Can you tickle yourself? How many litres of blood do you have in your body? How many times does your heart beat in a day? Test your family with a body trivia quiz. Create your own cards or download some from here or today's blog.</p>

PE links: Make sure throughout the day you get fresh air and you are physically active every day for at least 60 minutes. You can do this by:

- ❖ PE with Joe Wicks every morning at 9am - www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ
- ❖ Go Noodle, lots of fun dance resources - <https://www.gonoodle.com/>
- ❖ Youth Sport Trust have a range of resources to keep you active that you can access for free:
- ❖ Activity cards - www.youthsporttrust.org/pe-home-learning
- ❖ Active breaks - www.youthsporttrust.org/active-breaks
- ❖ 60 second challenge physical activity cards - www.youthsporttrust.org/60-second-physical-activity-challenges
- ❖ Cosmic Yoga - www.cosmickids.com/category/watch/ and use your print out of yoga moves.
- ❖ Create a circuit in your garden or in a large space using the ideas given to you in your printed pack before half term.

Collective Worship links:

<https://www.thenational.academy/assembly>

<https://www.stalbans.anglican.org/schools/worship-at-home/>

