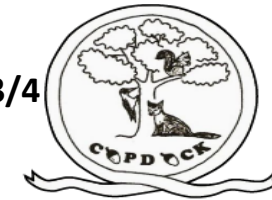




Home learning during school closure or self-isolation – Y3/4
Sport
Week Beginning: 8.6.20



	Monday	Tuesday	Wednesday	Thursday	Friday
Maths (Make sure you spend some time on Times Table Rockstars each day)	Mass and Capacity - Watch the video clip to become familiar with mass https://www.bbc.co.uk/bitesize/clips/zbvqkqt before looking through the mass PPT on Monday's blog. After, complete the following activities over the next two days: Tuesday - Varied Fluency, Wednesday - Reasoning and Problem Solving. You will need to choose whether you complete the Developing OR Expected OR Greater Depth questions. These can also be downloaded from Monday's blog. The answers are at the end of the sheets. Then challenge yourself with this game about measuring mass .		Mass and Capacity - Challenge yourself with this game about measuring capacity . Then investigate the capacity of different items at home in ml and litres. How much does a cup, mug, glass, bottle, bucket, measuring jug etc. hold? Try to be as accurate as you can when reading the capacity. Further challenge - https://nrich.maths.org/5979/note	Mass and Capacity - Look through the PPT to learn about comparing capacities. Then work through some of the questions in the capacity worksheet on Monday's blog. Then follow this link to compare different units of measurements. https://nrich.maths.org/7341	Mass and Capacity - Write out these measurements on pieces of paper or card, mix them up and convert the units of measure to match them into pairs. OR Practise reading scales by measuring the mass and capacity of ingredients in a home baking recipe! Use maths to calculate measurement totals or convert between units of measure. What something yummy can you make being the most accurate?
Writing	Using the Talk4Writing link complete the activities on pgs.16-18 Plan your story- The King of the Fishes	Using the Talk4Writing link complete the activities on pgs.19-20 Write your story- The King of the Fishes	Using the Talk4Writing link complete the activities on pgs.20-22 Write your story- The King of the Fishes	Using the Talk4Writing link complete the activities on pg 23- Edit and improve your story- The King of the Fishes	Using the Talk4Writing link complete the activities on pgs.23-24- Publish your story and create a 6 page book- The King of the Fishes
Reading	Take some time today to read for enjoyment- perhaps in the garden for a change. Or complete some reading comprehension activities - here are some all about British female athletes.	Visit Worldbookonline eBooks tab using Username: wbsupport and Password: distancelearn. Search for the title Play Sports! and read the eBook. Try to complete the activities at the back of the book too.	Research and read online about The Olympics . Which sport/s would you like to try? Why? Write 10 facts about The Olympics.	Listen to these BBC children's sport podcasts . Or look through newspapers/ magazines and list all of the sporting vocabulary you find.	Read this extract from Quiz Whiz Sport . Try to answer the questions on each page and record these in full sentences.
Spellings (Make sure you spend some time on Spelling Shed each day)	Choose 5 sporting activities you are unsure of how to spell and practise them. Can you now apply these words into sentences?	Alphabetical order: List each letter of the alphabet and try to think of a sport related word that corresponds with each letter.	Practise spelling your weekly words that are on Monday's daily blog.	Rainbow words. Choose 5 Common Exception words and choose different colours to write each letter and create rainbow words.	Proofread writing tasks from this week. Use a dictionary to check any spellings that you're unsure of using the first 2/3 letters of the word.

<p style="text-align: center;">Topic Music PSHE Art</p>	<p>Our Sport Heroes- How many famous sports people can you name? Choose a sports person and research online about them. Can you find out how and when they started their career, or any other interesting facts about them? Create a timeline that details all of the achievements of your sporting hero.</p>	<p>What is your favourite sport? - design a poster encouraging others to take part your chosen sport. How would you persuade others to join in. What type of persuasive words can you use? How can you make your poster stand out?</p>	<p>Super Movers! - Take part in this football themed Super Movers! There are two levels - Super Movers are a great way to keep active and have fun! Try Go Noodle and dance along to one of their routines - there's plenty to choose from and the whole family can join in!</p>	<p>Powerful Paralympians - You could explore diversity in sport. Find out about the Paralympic games and famous paralympians such as Ellie Simmonds. How have these people overcome challenges to represent their country in their chosen sport? Write a letter/email to a chosen athlete and ask them questions about their sporting journey. Or draw a detailed sketch of the athlete during a winning moment.</p>	<p>Travel to Tokyo Home Learning The Tokyo 2020 Games may not be happening this year but you can still get active. On the link below you will find a range of activities to do indoors or in your garden with your family, have fun! https://www.getset.co.uk/resources/travel-to-tokyo/indoor-activity</p>
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PE links: Make sure throughout the day you get fresh air and you are physically active every day for at least 60 minutes. You can do this by:

- ❖ PE with Joe Wicks every morning at 9am - <https://www.youtube.com/user/thebodycoach1>
- ❖ Go Noodle, lots of fun dance resources - <https://www.gonoodle.com/>
- ❖ Youth Sport Trust have a range of resources to keep you active that you can access for free:
- ❖ Activity cards - www.youthsporttrust.org/pe-home-learning
- ❖ Active breaks - www.youthsporttrust.org/active-breaks
- ❖ 60 second challenge physical activity cards - www.youthsporttrust.org/60-second-physical-activity-challenges
- ❖ Cosmic Yoga - www.cosmickids.com/category/watch/ and use your print out of yoga moves.
- ❖ Create a circuit in your garden or in a large space using the ideas given to you in your printed pack before half term

