

**Our ref:**

**Please ask for:** iCard Office

**Email:** [icard.enquiries@ipswich.gov.uk](mailto:icard.enquiries@ipswich.gov.uk)



16<sup>th</sup> June 2022

Grafton House  
15-17 Russell Road  
Ipswich Suffolk  
IP1 2DE

Dear Parents,

[www.ipswichfit.co.uk](http://www.ipswichfit.co.uk)  
Twitter: @Ipswichfit

**RE: Multi-Skills Programme Update**

As I'm sure you are aware your school has been participating in the School Games Multi-Skill Programme, which has been developed to improve your child's physical literacy and physical skillset, get them more active and give them an opportunity to participate in fun and exciting games. The programme also allows your child to do different activities and sports outside of school with a chance to win some prizes and keep active away from school. We hope your child has enjoyed the programme so far.

The activities outside of school are easy to do and there is a list of activities your child can do with the rest of the family if you need inspiration. The aim is to get more children active and enjoying moving and doing things together. Working together with your school and the School Games team we wanted to help your child continue to enjoy sport and activity outside of school, which is why we are offering all children in participating schools a free 3-day pass to try out a range of great activities.

**Your child should have received a leaflet that contains the 3-day pass which enables them to use our facilities for 3 days completely free of charge. You have a choice of 3 Sports Centres (Whitton, Gainsborough and Northgate Sports Centres) and 2 swimming pools (Crown Pools and Fore Street Pool) and the pass entitles your child access to all the activities available on the iCard Young Person, including swimming, junior activities, free tennis and discounts on badminton and squash. If you have misplaced this, there is an e-flyer attached here also).**

You can find out what activities are included by going to <https://www.ipswichfit.co.uk/memberships/> and looking at the iCard Young Person membership. You can also sign up for the free 3-day pass online as above.

The free 3-day pass can be activated online or in centers at the reception desk and once activated will be valid for 3 consecutive days. Signing up online is your quickest and easiest way to activate your child's pass. If you have any questions or problems you can email [icard.enquiries@ipswich.gov.uk](mailto:icard.enquiries@ipswich.gov.uk) or call us on 01473 433655.

More exciting activities are being added and we will soon be releasing our summer holiday programme so join our free mailing list to ensure you are kept up to date on all offers and promotions. <https://www.ipswichfit.co.uk/>

Remember there are some great prizes up for grabs when your child completes Bronze, Silver and Gold levels on your Inspiration Board so make sure they do as many as possible and log them and pass to their teacher.

Yours sincerely,

Jeni Watts  
Sport and Leisure Services Manager  
Ipswich Borough Council

Ali Furlong  
School Games Organiser