

# Staying Safe Online

Watch this [film](#) and consider the questions posed on the video.

The Child Exploitation  
and Online Protection Centre



The UK's National Centre

## Questions in the film to consider

- Would you leave your front door wide open?
- Would you hang up personal pictures of yourself in a public place for everyone to see?
- Would you tell just anyone where you lived?
- Would you speak to someone you had never met like they were your best friend?
- Would you let a stranger take a copy of all your personal photos?
- Do you use the internet to talk to your friends?

## Consider these:

- Do you have your own personal profile online?
- Do you have people on it as friends that you don't know?
- Do you have pictures on your profile that you wouldn't want your parents to see?
- Can anyone see or change those photos?
- Is it possible for someone to find out where you live or go to school?
- Are you more careful about your safety in the real world than in the online world?

**Is it time you changed your  
online habits?  
What can you do to keep yourself safe  
online?**





## Summary

- Think about what kinds of things you put in your profile
- Keep your profile private so only your friends can see it
- Find the privacy settings on each site
- Set to Friends only
- Block all the people you don't know from your contacts
- If you are worried, talk to a trusted adult
- Click the 'Report Abuse' button

## Tasks

Choose one or two to complete:

- Public or Private Profile? Download and print the worksheets or create your own. There are two activities.
- Design a help guide that could help children in Year 4 about being safe online.
- Explore how a website protects your privacy – download the instructions.
- Produce a short video about the dangers of sharing personal information online and how to keep safe.
- Select appropriate tools to enable the creation of a child friendly multimedia advert or presentation based on key persuasive points about how to talk safely online.
- Complete Internet and Phone Safety Discussion prompts.

## Resources to Help

Watch the following videos:

- [CBBC Lifebabble - Staying Safe Online](#)
- [Tips for staying safe online | CBBC](#)
- [One Direction Parody Song - "Who do you share your details with?"](#)
- [Horrible Histories | Surfing the Web Safely | CBBC](#)
- [Keeping Myself Safe](#)