



**SUN SAFE SCHOOLS  
WORKSHEET 1b: EYE SPY SUN SAFETY**

NAME: \_\_\_\_\_

CLASS: \_\_\_\_\_

You are going outside to play on a hot, sunny day what 4 items can you find in the picture that you need to remember to put on to help protect your skin from burning in the sun?

Work out the word scramble below to help you find the items in your room and write the correct word in the space provided. Then circle and/or colour each item in.

1. -THRSIT \_\_\_\_\_

Clue: This covers your shoulders which can easily burn on sunny days

2. NUS TAH \_\_\_\_\_

Clue: This covers your head and helps shade your face, neck and ears

3. USNCSRNE \_\_\_\_\_

Clue: You put this on your skin to help stop the sun's invisible rays from burning you and making it red and sore

4. NSU SGALESS \_\_\_\_\_

These help protect your eyes from the sun's invisible UV light.

