

We look forward to seeing you....

Cherry Blossom Out Reach services

Cherry Blossom Clinical Room, Hadleigh Road, East Bergholt, CO7 6QT

Blossom House, Unit 7/8 Hadleigh Enterprise Park, Crockatt Road, Hadleigh, IP7 6RJ

Tel: 01473 265566 email: cherryblossom@suffolk.gov.uk



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Well Baby Clinic: 9am - 1pm Blossom House, Hadleigh IP7 6RJ Appointments Only: Call the South Suffolk Health Visiting Team <u>on</u>: 0345 607 8866 to book.</p> <p>Infant Feeding Group: 9.30 –12pm Blossom House, Hadleigh, IP7 6RJ. All are welcome to attend this group if you are requiring any type of feeding support. No booking needed</p> <p>*NEW* *Early Days: Starting Monday 5 September 1.30 – 2.30pm Blossom House, Hadleigh, IP7 6RJ. A friendly 5-week group, covering the needs and development of a new baby and parent support. To book a place please email: cherryblossom@suffolk.gov.uk</p>	<p>Well Baby Clinic: 9am – 1pm Days Road Church, Capel St Mary. IP9 2JW Appointments Only: Call the South Suffolk Health Visiting Team <u>on</u>: 0345 607 8866 to book.</p> <p>Infant massage: 10am - 11am Days Road Church, Capel St Mary. IP9 2JW Bookable: please email cherryblossom@suffolk.gov.uk to be added to our waiting list</p> <p>Infant Massage: 1pm – 2pm Blossom House, Hadleigh, IP7 6RJ Bookable: please email cherryblossom@suffolk.gov.uk to be added to our waiting list</p> <p>Antenatal Breastfeeding Virtual Workshop 3rd Tuesday of the month: 1 – 3pm Or Tuesday 7pm – 9pm Email:infantfeeding@suffolk.gov.uk To book your place</p>	<p>Well Baby Clinic: 9am - 1pm Blossom House, Hadleigh IP7 6RJ Appointments Only: Call the South Suffolk Health Visiting Team <u>on</u>: 0345 607 8866 to book.</p> <p>Well Baby Clinic: 9am - 1pm Berners Hall, Woolverstone. IP9 1AR Appointments Only: Call the South Suffolk Health Visiting Team <u>on</u>: 0345 607 8866 to book.</p> <p>Infant Massage: 1pm - 2pm Berners Hall, Woolverstone. IP9 1AR Bookable: please email cherryblossom@suffolk.gov.uk to be added to our waiting list</p>	<p>Little Stars (Term time only) 10 – 11.30am By Invitation Only. Activities for Children and support for Parents of children with a developmental delay.</p> <p>Introducing Solids Workshop: 4th Thursday of month 1pm - 2pm Bookable: please email cherryblossom@suffolk.gov.uk to be added to our waiting list.</p> <p>Antenatal Breastfeeding Virtual Workshop: 1st Thursday of Month 10am – 12pm. Email:infantfeeding@suffolk.gov.uk To book your place</p> <p>Capel Library, The Street, Capel St Mary, IP9 2EF Tot Rocks: 9.30am – 10am</p>	<p>Hadleigh Library, 29 High Street Hadleigh, IP7 5AG Baby Self weigh: 10.30am – 1pm Thursdays and Fridays In the small Library Hub room for privacy Baby Bounce: 10am – 10.30am Thursdays Tot Rocks: 10am – 10.30am Fridays *NEW* Hadleigh Mini Movers for toddlers and their Adults Starting Tuesday 20 September. 9.15 – 10.45am by Dance East see link below for more information https://www.danceeast.co.uk/workshops/hadleigh-mini-movers/</p> <p>*NEW* *Mums Together: Starting 2 September, 10am – 12pm Blossom House, Hadleigh, IP7 6RJ This is a 7-week bookable course to help new mums with low mood and to build confidence. Please speak to your Health visitor for more information.</p>