

# How Chocolate is Grown and Made

The cacao tree grows in shady parts of the rainforest protected from the sun by taller plants.



It can only grow in the tropics, not very far from the equator.



The cacao tree gets small white flowers on its trunk that are pollinated by midges.



The flowers then turn into seed pods.



Once the seed pods are ripe, they are picked and broken open.



The seeds inside are left to ferment for a few weeks.



Then the seeds are dried in the sun for some more weeks.



Finally, the seeds can be roasted, cracked open to get the nibs, which are then ground into powder, which can then be made into hot chocolate or melted and made into chocolate bars. Our chocolate bars usually have lots of milk and sugar added to them.

