










20 Lent Challenges

Lent is the 40 days leading up to Easter and a time for Christians to give up something or do something positive. Worship Group have decided these challenges for you to complete during Lent. Tick off each one as you complete it and bring the completed sheet back after the Easter holidays for a treat!

<p>Write a thank you letter to your parents.</p> 	<p>Make my bed.</p> 	<p>Set the dinner table.</p> 	<p>Wash the dishes.</p> 
<p>Help prepare a simple meal.</p> 	<p>Make myself breakfast.</p> 	<p>Put some food out for the birds or make a bird feeder.</p> 	<p>Leave a kind note in an unexpected place in your house.</p> 
<p>Clean my bedroom.</p> 	<p>Hang clothes on a hanger.</p> 	<p>Fold my clothes.</p> 	<p>Call a family member to ask how they are.</p> 
<p>Give someone a hug for no reason.</p> 	<p>Ask someone how they are feeling.</p> 	<p>Water and care for plants.</p> 	<p>Learn my address and who to phone in an emergency.</p> 
<p>Sort recyclable rubbish or go to the bottle bank.</p> 	<p>Donate unwanted toys or clothes.</p> 	<p>Help unpack the shopping</p> 	<p>Pair up socks to put away</p> 